



Yorebridge Sport & Fitness
Gym Questionnaire & Prize Draw



The Yorebridge Sports Development Association (YSDA) have developed a new Indoor Gym & Fitness adjacent to the Multi-use Games area in Askrigg that will be opening in October. If you would be interested in using the Gym facilities, we would be very grateful if you could take a few moments to let us know your views. Please return your forms to a collection point within any local village shop, at Hawes Library and Information Office or post to the YSDA Office, The Wensleydale Centre, Askrigg, Leyburn, DL8 3BJ. As a thank you for completing this form, the YSDA are offering a free 2-hour Gym session (or tennis, if you'd prefer) for two to the first name drawn on our first anniversary celebrations in October 2006.

Closing date for the return of the Questionnaire is Friday 22nd September 2006.

1. Which facilities are you interested in?

- Gym Equipment
- Exercise Classes
- Supervised dietary/health classes
- Using visiting therapists (eg. massage, hot rock therapy)

2. During what day/s and time/s would you use our facilities most? Please tick all that apply.

	8.00-10.00 am	10.00-1200 noon	12.00-2.00 pm	2.00-4.00 pm	4.00-6.00 pm	6.00-8.00 pm	8.00-10.00 pm
Sunday							
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							

If you might be interested in using our facilities but do not know which day/s or time/s, please tick here:

3. If the YSDA were able to provide a childcare service would you make use of it?

- Yes always
- No never
- Sometimes

4. Would you be interested in Gym & Fitness sessions that included:

- Single sex (male only or female only) session?
- Over fifties session?
- Teens Club
- Other _____

5. Please tick if you are already a member of a Gym & Fitness Club in the area.

Thank you for your time. Please return this form to any of the locations listed above, or drop in direct to the YSDA Office at the Wensleydale Centre, Askrigg. If you would like further details on our Gym opening and membership or to enter our Prize Draw, fill in your details below:

Name:

Address:

E-mail or Telephone: