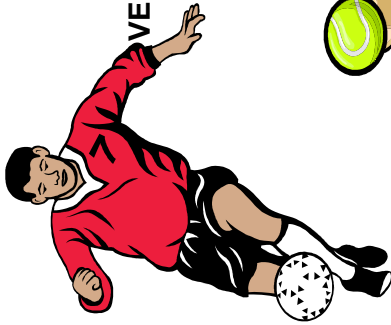


Football & Multi-Sports



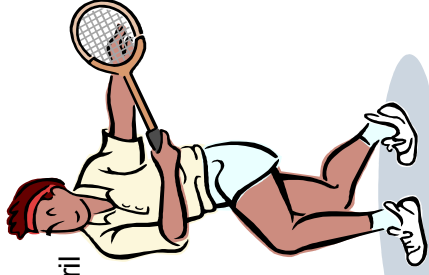
FUN ACTIVITIES SUITABLE FOR BOYS AND GIRLS IN YEARS 1-6

VENUE: Yorebridge Centre, Askrigg - Wednesday 15th April
Wensleydale School – Thursday 16th April

TIME: 10:00am – 3:00pm

COST: WOW only **£5** per day or **£10** for **Both Days**

Part Funded by Wensleydale Extended Schools



SCSS Staff are...

- Qualified Coaches With CRB Clearance and First Aid Certificates.
- Committed To Your Child's Safety and Welfare.
- Dedicated To Helping Your Child Have Fun With Sporting Activities.

(ALL Sections must be filled for **Health and Safety Reasons** . Please Use **BLOCK CAPITALS**)

Name of child: Date of Birth:...../...../.....

Child's School:

Home Address:..... Postcode:.....

Medical Conditions:

Allergies:

Emergency Contact Number (during the course):

My child will **WALK HOME / BE COLLECTED**. Delete as appropriate

Please tick the course your child will be attending Askrigg Wensleydale Both

I am paying **CASH / CHEQUE**. Delete as appropriate. Please put child's name and course code **FD16436CG** on the back of any cheques (made payable to SCSS)

I allow the above to take part in the session.

Signed: (Parent/Guardian)



Summer Schedule 2009

to book your place phone:

01969 650060 or 07968 606571

email: admin@yorebridge-sport.co.uk

Continuous Enrolment - Register your interest and reserve your place today!

Mon: 10.00-11.00 Gentle Exercise for Over 50's

5.00-6.30 Yoga

6.30-8.00 MUGA - Tennis Club

Tue: 6.30-7.30 Aerobics

7.30-9.00 Belly Dancing

7.45-9.00 Fit4Life

Wed: 6.30-7.30 Ladies Circuits

7.45-8.45 Mixed Circuit Training

Thu: 10.00-11.00 MUGA - Tennis Club

12.30-1.00 Bums & Tums

6.30-7.30 Ladies Circuits

7.45-8.45 Step Aerobics & Body Toning

Fri: 6.00-7.00 MUGA - Askrigg Juniors FC

Training (6-16 years)

7.00-8.00 MUGA - Over 40's Drop-in Football

Multi-Sport Court - available for group and private hire

Gym Open - Mon to Sat 8.00am till 8.00pm

Coming soon...

*** Pilates**

*** U5's Softplay**

Register your interest Today!

Fit4Life

Our friendly advice and support group meets Tuesdays 7.45-9.00pm.

FREE Registration

The Yorebridge Sports Development Association Limited.

Company No. 5493687 England Registered Charity No. 1126795

Yorebridge Sport & Fitness (YSF) is the corporate brand and is managed by the YSDA Ltd

Registered Office: The Wensleydale Centre, Yorebridge, Askrigg, Leyburn, North Yorkshire, DL8 3BJ

Tel/Fax: 01969 650060 Mobile: 07968 606571 Email: admin@yorebridge-sport.co.uk

Web: www.yorebridge-sport.co.uk

