



YoreSport

YSDA

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Yorebridge Sports
Development Association

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Summer Holiday Multi Sports Coaching Sessions

Final reminder to parents/carers: the summer multi-sports booking forms and payments need returning ASAP in order to avoid disappointment. The number of participants allowed at each session is being limited so that each child receives the best possible coaching and receives the coach's full attention. Activities include Football, Cricket, Basketball, Rounders, FUNdamentals (all the sports skills required from early involvement in sport) and Multi-Sports Tournaments.

A lot of the year 6 children have already taken up the option to join in with the secondary session which will stand them in good stead for the new school year. However, if the children would prefer to stay at the primary sessions for the summer this can be discussed. If you have any queries please contact, Richard Shuffleton, Sport and Fitness Development Co-Ordinator on 01969 650060/ 07968 606571 or email info@yorebridge-sport.co.uk.

'Adults Evening Tennis Club' & the recently renamed 'Adults Morning Tennis Club'

Both Tennis Clubs are now in 'full swing' and there are new members enquiring all the time. These clubs are set to continue throughout the summer and indeed until the weather turns for the worse. The 'Adults Evening Tennis Club' runs on a Monday night from 6:30pm-8:00pm and currently has 11 regular participants. The 'Over 55's Tennis Club' has been renamed the 'Adults Morning Tennis Club' so that it is accessible for all age groups. There are currently 5 participants attending this particular club. Both clubs are welcoming new participants so please contact Richard Shuffleton, if you are interested in either club.

Gym and Fitness Suite

Yorebridge Sport and Fitness are delighted to announce that the next stage in the development of the Yorebridge site is underway. At present contractors are working within The Wensleydale Centre to create a Gym and Fitness Suite. This will include two rooms, one of which will include static equipment such as treadmills, cycling machines, rowing machines and a variety of weight facilities. The other room will be a fitness suite which will host fitness classes and will have room for treatments, such as massage. This development will increase the opportunities available to the community to become active in sport and fitness with the MUGA already playing an integral role in this. We envisage that the Gym and Fitness Suite will be ready to open at the end of September and at present details of membership schemes are being finalised. Whilst the work is ongoing there will be a number of contractors on site so we ask all members of the community to be extra vigilant and observe safety notices.

"Party on the Pitch"

"Party on the Pitch" is this coming Saturday, 22nd July 2006, from 8.30pm to 1am. It is on the Askrigg Football Pitch and there will be live music from 'Ray and the Teenbeats' and 'Sounds Familiar.' Also on the night there will be a BBQ and a fully stocked bar. Tickets are priced at £10.00. For more information and tickets please contact Colin Bailey on 01969 650060/ 663181/ 07711 211169/ colin@craven-college.ac.uk or Allen Kirkbride on 01969 650325.

Facility Hire throughout the Summer

Please don't forget that the Multi Use Games Area is available for the individual/group hire throughout the summer. This is the perfect time to get active and is a great way to spend time as a family or friends. The MUGA is priced for one hour at £6.00 for half a court (inc. Tennis) and £12.00 for the full court. We also have a range of sporting equipment that is available to hire for the session, so all of your needs are catered for. If you want to use the MUGA Monday to Friday 8:30am-5:00pm please contact Richard Shuffleton (details at the top of the page). Alternatively if you want to use the MUGA out of office hours, including weekends please contact James/Angela Peacock (01969 650212), Lawrence Alderson (01969 650599) or Dom Gregson (01969 650285).

Enjoy the Summer

Yorebridge Sport and Fitness would like to wish everyone a fantastic summer. If you are going away have a great holiday and if you are staying in the Dales remember to stay active and keep fit by joining in the fun at the MUGA. I hope to see you all participating in sport and fitness in the coming weeks.

For information on any of the events mentioned above please contact Richard Shuffleton, Sport and Fitness Development Co-Ordinator on the details at the top of the page.